



# St Catherine's Special School Parents Association Newsletter

Contact the Parents Association  
[pa@stcatherinesspecialschool.ie](mailto:pa@stcatherinesspecialschool.ie) or find us on FB at  
St Catherine's Special School Parents Association

April 2020

Dear Parents/Guardians,

I hope this newsletter finds you and your families safe and well in these challenging and difficult times. Our teachers will continue to contact you on a weekly basis. If you are looking for ideas to keep your children occupied throughout school closures check out the website, where Fiona has added a parent resource page, <http://stcatherinesspecialschool.ie/events-this-term/> and the Wellbeing Team have added in keeping well materials you can find them here. <http://stcatherinesspecialschool.ie/wellbeing-team/> Also Jacqui has uploaded some cookery demonstrations which you can complete with your children <http://stcatherinesspecialschool.ie/cooking-with-Jacqui/>.

To add a bit of fun into the week I have decided to set the students of St. Catherine's a weekly challenge for the month of April. There is no obligation to complete these challenges. Please do not let these challenges add stress to an already stressful period. Complete only if you wish.

We miss seeing all of the children and want to stay as connected to them as possible so if you decide to complete a challenge, please send the picture/video into the class teacher and they will be put up onto the website.

Each Friday, I will post a video with a little message regarding the following week's challenge.

Wishing you all a Happy Easter.

Brigeeta





**Here are this month's challenges, have fun!**

Friday the 3rd - 10th of April challenge – record your children carrying out acts of kindness

Friday the 10th - 17th of April challenge – organise an Easter egg hunt

Friday the 17th - 24th of April challenge - create a piece of art

Friday the 24th - 1st May challenge - make a dough creation

Stay safe and do not hesitate to contact us if you need anything.

Warmest regards,

Brigeeta

Do a good deed for a neighbor	Share something from your desk with a neighbor	Donate unwanted toys or clothing	Give a High-Five	Forgive a mistake
Give a compliment	Stand up for someone	Read a book	Make a card for a teacher or coach	Bring a snack for a friend
Make a thank you card for a community helper	Invite someone to play	Offer to carry something	Give a hug	Write a kind post-it note and leave it in a book for someone to find
Offer up your seat	Write a letter or card and give to someone "just because"	Donate a book	Make a card for a school staff member such as principal, custodian, or bus, lunch, playground, bus, etc.	Be kind to the Earth. Pick a no-waste lunch.
Ask, "How may I help you?"	Let someone go ahead of you in line	Tell someone why you are proud of them	Give a smile	Open the door



Don't forget to send in your photos!





# HAPPY BIRTHDAY



A big Happy 16th Birthday to Cian! Even though he couldn't see all his friends and relations, his big brother made an iMovie with recorded messages and jingles from family and friends. Happy Birthday Cian from everyone at St Catherine's and we look forward to seeing you back at school soon!





## Keeping busy at home

We are getting some lovely pictures of the students from our school keeping busy at home. We are missing everyone so much and we love, love, love to see your pictures. Keep them coming!!

